"Committed to His Will, His Way, and His Word"



Our Vision

<sup>18</sup> The Spirit of the LORD is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the broken-Statement hearted, To proclaim liberty to the

captives And recovery of sight to the blind, To set at liberty those who are oppressed; <sup>19</sup>To proclaim the acceptable year of the LORD." Luke 4:18-19 (NKJV)

It is the vision of Mount Olive to be a church that is intentional in its efforts to identify and meet the needs of broken, hurt and oppressed people in the greater Glen Allen area through the message and ministry of Jesus Christ.

#### **MOBC CORE VALUES**

- **1.** Radical Hospitality
- 2. Passionate Worship
- 3. Intentional Faith Development
- 4. Risk-Taking Mission & Service
- 5. Extravagant Generosity

### **Sunday School**

8:30 AM

Lesson: "Called to Significance"

Luke 5:1-11

Teacher: Rev. Violet Watson

Call in Number Access Code 1-605-472-5412 AC 229743

#### **Intercessory Prayer** via Conference call:

Wednesdays — 6:00 AM - 7:00 AM Call in Number: 1-978-990-585 Access Code: 8837843

Your giving is important and needed. 3 Ways to Give Online Giving Link: https://www.mobcva.org/give





Mail in:

8775 Mt. Olive Ave., Glen Allen, VA 23060

## **Mount Olive Baptist Church Announcements JANUARY 10, 2021**



**2021** Theme: THE YEAR OF



Matthew 5:16 (NKJV)

16 "Let your light so shine before men, that they may see your good works and glorify your Father in heaven.

## **Today At Mount Olive**

Morning Worship Service VIA Líve Stream 10:00 AM



#### **MOBC COMMUNITY NEWS!!**



**January 7** — **February 25, 2021** 

The Pulpit Attire is Green

The color for Epiphany is GREEN. The color GREEN stands for life and growth. The color of the table cloth on the Communion table and podium are changed to GREEN to indicate the season. The "pulpit dress" is changed according to the season of the Christian Calendar.





#### Theme For This Quarter: "CALL IN THE NEW TESTAMENT"

This quarter examines God's call in stories from the New Testament. The greatest call came to Jesus. Other calls in the New testament led to the extension of Christian ministry into the world.

#### **UNIT 2 \* JESUS AND CALLS IN HIS MINISTRY**

This unit presents four lessons about Jesus' ministry. Luke emphasizes Jesus' call to proclamation and ministry and identifies Jesus as one who calls followers. Mark speaks to Jesus' call to a ministry of healing. John gives us a look at Jesus' call as the intercessor for those who follow Him.

#### **NEXT WEEK'S LESSON:**

**January 17, 2020** 

Daily

**Bible Reading** 

#### "Called to Heal"

Mark 2:1-12

The limitation of human existence make genuine wholeness an elusive goal. Where can we find true healing? By declaring a paralyzed man's sins forgiven and restoring his physical health, Jesus demonstrated that God had called Jesus to heal infirmities of the soul as well as the body.

MONDAY: Peace and Healing Will Come

Isaiah 57:14-21

**TUESDAY: Healed by Christ's Wounds** 

1 Peter 2:18-25

\* WEDNESDAY: Canaanite Daughter Healed by

Mother's Faith Matthew 15:21-28

THURSDAY: Anoint Sick with Oil and Prayer

James 5:13-16

FRIDAY: Woman Healed by Her Faith

Mark 5:21-34

SATURDAY: The Sick Need a Physician

Mark 2:13-17

**SUNDAY: Jesus Heals and Forgives the Paralytic** 

Mark 2:1-12

#### **Sermon Highlights**

January 3, 2020

Title: "From Progress to Productivity"

Text: Matthew 5:13-16

Main Idea: During this year of productivity we have to fully understand that we have a light to move from progress to productivity. The light we have in us is the light of Jesus Christ. This year as you move from progress to productivity, it requires you to ask yourself three questions about your light.

**Main Points:** 1) Are you as aware of your light as you should be?

- 2) Are you as appreciative of your light as you should be?
- 3) Are you as accountable for your light as you should be?

### HOW TO ACCEPT JESUS CHRIST INTO YOUR HEART

Perhaps while reading the announcements you realized you have never made a Christian commitment. Don't delay that decision! We encourage you to embrace God's love foday and receive the salvation that only Jesus Christ gives. Here are five simple steps you can take to find assurance of salva-

- Recognize your need. The Bible tell us that "all have sinned and fall short of the glory of God." (Rom. 3:23) All of us are sinners, and we must admit our need for a Savior.
- Repent of your sins. Our sins create a wall that separates us from God. By confessing our sins and turning from them, you will find forgiveness. The Bible promises: "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness" (1 John 1:9).
- Believe in Jesus. God sent His only Son to die so that He could pay for all our sins. Put your faith in Him and believe in His power to save you. The Bible says, "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life" (John 3:16).
- Receive His salvation. God has given us a great gift in His Son, but we must receive His gift. Thank Him for loving and forgiving you, and ask Him to live in your heart. His promise to us is clear: "But as many as received Him, to them He gave the right to become children of God" (John 1:12).
- 5. Confess your faith. The Bible assures us: "If you confess with your mouth, 'Jesus is Lord,' and believe in your heart that God raised Him from the dead, you will be saved" (Rom. 10:9). You have been born again and are now part of God's family. Tell some one else what Jesus has done in your life!

**Heavenly Father**, I now understand my need to have my sins forgiven. I also realize that only Jesus — because of His sacrifice on the cross — can forgive my sin. I put my faith and trust in Jesus today. Please forgive me and become the Lord of my life.

#### "What We Believe" Article of Faith of the Month



#### XVIII. THE WORLD TO COME.

We believe the Scriptures teach that the end of the world is approaching; that at the last day, Christ will descend from heaven, and raise the dead from the grave for final retribution; that a solemn separation will then take place; that the wicked will be adjudged to endless punishment, and the righteous to endless joy; and that this judgment will fix forever the final state of men in heaven or hell, on principles of righteousness.

#### **MOBC COMMUNITY NEWS!!**

JANUARY 2021 CALENDAR OF \* EVENTS \*

Jan. 18 Church Office & Buildings Closed in Observance of Dr. Martin Luther King, Jr. Day

"The LEGACY CONTINUES"

**Dr. Martin Luther King, Jr.**35th Annual Henrico County
Commemoration Celebration

Monday, January 18, 2021



Virtual Service sponsored by Henrico Ministers' Conference: 9:30 AM

On Facebook or YouTube @ Henrico Ministers' Conference

**Guest Preacher:** 

Rev. Dr. Theodore T. Brown, Pastor Quioccasin Baptist Church, Richmond, VA

11:30 AM Henrico County, Virginia Virtual Celebration

On Facebook or YouTube @ Henrico County Dr. Martin Luther King, Jr. Commemoration Association

**Guest Speaker:** 

Congressman A. Donald McEachin United States Representative, 4th District of Virginia

#### **Masters of Progress Virtual Fellowship Groups**

All Masters of Progress Virtual Fellowship Groups will resume the week of **January 25, 2021.** Men on Tuesdays. Young Adults and Senior Adults on Thursdays and Women on Fridays. All at 7:00 PM via Zoom.

#### INTERCESSORY PRAYER Sick & Shut-ins

Behold, I am the LORD, the God of all flesh. Is there anything too hard for Me? Jeremiah 32:27

Robert Ashe Grace Baker Keith Davis Dea. Kevin Dunigan Zelda Mason



Dwight Perkins Aswana Stewart Alma Tarry Mable Williams Craig Yates Dr. Martin Luther King, Jr.
Lights of Hope Award
January 18, 2021
11:30 A.M.

Lights of Hope Recipients

Sydney Powell – Elementary School
Egypt Debnam – Middle School
Christopher J. Johnson – High School

Mason Bland will lead the Pledge of Allegiance.

Please join us for this virtual event on

Facebook Live or YouTube @ Henrico County

#### **Teen Sunday School**

Join us every Sunday for Teen Sunday School via Zoom at 12:30 PM.

Join Zoom Meeting - Copy Link



zoom

https://us02web.zoom.us/j/89470810266?pwd=U1ZVM08xMzcra3FPMWwrV2pyR2MzUT09

Dial In #: 1 (301) 715-8592



Being mindful of your grief during this time of the year remember:

You Are Not Alone!

For those who are experiencing grief, the Bereavement Support Ministry is here to assist you and your family through your stages of grief. Also, we are seeking new members to join our Bereavement Support Ministry. Interested persons should contact Rev. Dr. Jimmie L. Walker, Sr. Chair @ 804-721-2487 or email - pastorjlwsr@gmail.com

#### **COMMUNITY FOOD GIVEAWAY SCHEDULE**



WEDNESDAYS 11:00 AM - 11:30 AM SATURDAYS 12:00 PM

Zip Codes: 23227, 23228, 23059 & 23060

Due to the Coronavirus Pandemic our community food distribution will be drive-thru.

Free to All!



Est. 1867

### **Mount Olive Baptist Church**

8775 Mt. Olive Avenue Glen Allen, VA 23060



## HURCH STAFF Directory

Rev. Darryl G. Thompson, Pastor (804) 495-5951 (C)

E-mail: (Pastor) - pastorthompson@mobcva.org

Church Administrator: Sis. Martha Styles E-mail: Churchadm@mobcva.org

Administrative Assistant: Rev. Allison D. Roldán (Office E-Mail) - Secretary@mobcva.org

Director of Christian Ed.: Rev. Deborah A. Simmons

E-Mail: ChristianEd@mobcva.org

Minister of Children/Youth: Rev. Kelly A. Evans

E-Mail: Youthmin@mobcva.org

Financial Secretary:

E-Mail: Finance@mobcva.org

Custodian (Day): Bro. Howard Williams

(804) 350-5097

Custodian (Evening): Mr. Jerome Allsbrooks

(804) 350-2283

Office Hours: Monday - Friday 9:00 a.m. - 5:00 p.m.

**Pastor's Appointment Hours:** Monday - 2:00 p.m. - 7:00 p.m. Tuesday - 10:00 a.m. - 3:00 p.m.

#### ANNOUNCEMENTS DEADLINE:

Deadline for bulletin and media information is 12:30 p.m. each Wednesday. Please email information to:

Secretary@mobcva.org or call the church office at (804) 262-9614.



Thanks and appreciation have been expressed by:

Sis. Alice Clark Sis. Inell Westbrook Rev. Emmett L. Dunn, Exec. Sec., Lott Carey Peggy Vorous, Pres., Henrico Volunteer Rescue

All thank you acknowledgements are posted on the bulletin board outside of the church office.

#### On Call January 2020

#### **Deacon on Call**

Joseph Starks......262-9519 James Isler......222-8979

#### **Deaconess on Call**

Helen Taylor......266-1681 Janet Jefferson......222-1148

#### Trustee on Call

Harold Lawson......262-6935 Brenda Smith......264-3556 Raymond Mitchell......672-2725

#### Associate Minister on Call

Rev. Dr. D. Mack-Tatum....266-7663

#### **Bereavement Support on Call**

Rev. Dr. Dru Roane.......647-5323

## Children's Church

January 17, 2021 via Zoom @ 10:00 AM

#### CANCELLED UNTIL FURTHER NOTICE.



Nursery open for children 3 months to age 6 during Worship Service

#### Teen EXPERIENCE

2nd, 3rd & 5th Sunday's Ages 12–18

## VIEW MOUNT OLIVE WEEKLY ANNOUNCEMENTS ON THE WEB

Go to:

www.mobcva.org Then click on Weekly

Bulletin.









#### Enter His Gates with Thanksgiving and His Courts with Praise....

Psalm 100:4 Please Reverence the House of God:

- \* Enter to Worship
- \* Focus on God's Glory
- \* Connect with the Spirit of God \* Welcome God's Presence
- \* Meditate on God's Word
- \* Invite God into your life today

\*Honor God with the fruit of your lips.

Let all things be done decently and in order. 1 Corinthians 14:40

Please refrain from eating, drinking and talking on cell phones in the sanctuary.



#### What is Meditation?

Meditation is a practice where an individual uses a technique of calmness, where your mind settles inward through quiet levels of thought until you experience the most peaceful levels of calmness.

#### How does Meditation benefit you?

- 1.) Deeper inner calmness
- 2.) Clarity of mind
- 3.) Reduce depression and anxiety
- 4.) Insomnia decrease
- 5.) PTSD decrease
- 6.) Cardiovascular health benefits

#### What Meditation is not

\*Religion, philosophy, cult, or a lifestyle.

#### **Facts and Statistics**

The number of people practicing meditation has more than tripled since 2012

Meditation improved anxiety levels 60% of the time.

Meditation can reduce the risk of being hospitalized for coronary disease by 87%.

Practicing meditation can increase your attention span after only 4 days.

Meditation relieves the symptoms of insomnia 75% percent of the time.

Practicing meditation can have a positive effect on relieving in pain.

Meditation may lower blood pressure 80% of the time.

School suspensions were reduced by 45% due to meditation.

Since 2012 the number of children meditating has increased by more than 800%.

Women are more likely to meditate than men.

Global statistics show that across the world between 205 -500 million people meditate every day.

#### Simple STEPS to Meditate

- 1.) Sit or lie down comfortably. (You may want to use a cushion or pillow of some sort)
- 2.) Gently close your eyes and make no effort to control your breath. Simply breathe naturally.
- 3.) Focus your attention on the breath and how the body moves with each inhale and exhale.

\*Notice the movement of your body as you breathe. Simply focus your attention on your breath without controlling it. If your mind begins to wonder just simply lie or sit comfortably and return your focus back to your breath. Maintain this meditation practice for 3 to 5 minutes and then you may try for longer periods of up to 15 to 20 minutes. Sometimes you can provide sound in the background to assist like water sounds, spiritual instrumental music, or birds chirping. Anything that is soothing but please remember, adding this isn't required.

#### Conclusion

Improving heart health, stress reduction, relieving back pain to boosting our memory, meditation offers a wide range of great health benefits. It's not a surprise that the meditation statistics show how this practice is growing in popularity both in the United States and in the world. People are becoming more aware of how stress negatively affects our physical and mental well-being. Meditation may potentially provide a perfect solution for regaining a piece of mind and a sense of well-being.



# January 2021



| Sun   | Mon  | Tue  | Wed  | Thu   | Fri   | Sat   |
|---|--|--|--|---|---|---|
| 3 Sunday School 8:30 AM Call in Number: Access Code: 1-605-472-5412 229743  Morning Worship Service VIA Live Stream                     | 4 Warriors for Christ Women's Ministry Prayer Conference Call 6:00 AM - 6:15 AM  Call in Number: Access Code: 1(712) 770-4598 283419#                                  | Trustee Ministry Via Teleconference 7:00 PM          | 6 Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM  Call Number: Access Code: 1-978-990-5085 8837843  Bible Study 7:00 PM  | 7   | Happy New Year CHURCH OFFICE AND BUILDINGS CLOSED  8            | P Food Distribution  9 Food Distribution MP Building 12:00 AM |
| 10:00 AM  Sunday School 8:30 AM  Call in Number: Access Code: 1-605-472-5412 229743  Morning Worship Service VIA Live Stream 10:00 AM   | Warriors for Christ Women's Ministry Prayer Conference Call 6:00 AM - 6:15 AM  Call in Number: Access Code: 1(712) 770-4598 283419#                                    | 12   | 13 Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM  Call Number: Access Code: 1-978-990-5085 8837843  Bible Study 7:00 PM | 14  Deacons Ministry  Via Teleconference 7:00 PM                            | 15  | Food Distribution MP Building 12:00 AM                        |
| Sunday School 8:30 AM  Call in Number: Access Code: 1-605-472-5412 229743  Morning Worship Service VIA Live Stream 10:00 AM             | WFC Women's Ministry Prayer Conference Call 6:00 AM - 6:15 AM  Call in Number: Access Code: 1(712) 770-4598 283419#  Buildings & Church Office Closed in Observance of | 19   | Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM  Call Number: Access Code: 1-978-990-5085 8837843  Bible Study 7:00 PM    | 21  | 22  | USDA<br>Food Distribution<br>MP Building<br>12:00 AM          |
| Sunday School 8:30 AM  Call in Number: Access Code: 1-605-472-5412 229743  Morning Worship & Communion Service VIA Live Stream 10:00 AM | Women's Ministry Prayer Conference Call 6:00 AM - 6:15 AM  Call in Number: Access Code: 1(712) 770-4598 283419#  | Men's Masters in Progress Virtual Fellowship 7:00 PM | Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM  Call Number: Access Code: 1-978-990-5085 8837843  Bible Study 7:00 PM    | Young Adults & Senior Adults Masters in Progress Virtual Fellowship 7:00 PM | Women's<br>Masters in Progress<br>Virtual Fellowship<br>7:00 PM | Food Distribution MP Building 12:00 AM                        |
| Sunday School 8:30 AM  Call in Number: Access Code: 1-605-472-5412 229743  Morning Worship Service VIA Live Stream 10:00 AM             |  |  |  |   |   |   |